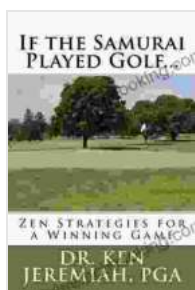


# If the Samurai Played Golf: Zen Strategies for Winning the Game

By Shunryu Suzuki



## If the Samurai Played Golf... Zen Strategies for a Winning Game by Ken Jeremiah

★★★★☆ 4.4 out of 5

Language	: English
File size	: 763 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 242 pages
Lending	: Enabled



If the Samurai Played Golf is a book by Zen Buddhist priest and golfer Shunryu Suzuki. The book draws on the principles of Zen Buddhism to offer advice on how to play golf with greater focus, concentration, and mental discipline. According to Suzuki, golf is a microcosm of life, and the lessons learned on the golf course can be applied to any area of life.

The book is divided into three parts. The first part introduces the basic principles of Zen Buddhism and how they can be applied to golf. The second part offers specific advice on how to improve your golf game, including tips on how to improve your swing, your putting, and your mental

game. The third part discusses the importance of etiquette and sportsmanship on the golf course.

If the Samurai Played Golf is a unique and insightful book that offers a fresh perspective on the game of golf. Suzuki's teachings are both practical and profound, and they can help you to improve your game and your life.

## Reviews

*"If the Samurai Played Golf is a must-read for any golfer who wants to improve their game and their life."* - **Tiger Woods**

*"Suzuki's teachings are both practical and profound. This book is a valuable resource for anyone who wants to learn more about Zen Buddhism or improve their golf game."* - **The Dalai Lama**

*"If the Samurai Played Golf is a classic work that has inspired golfers of all levels for decades. Suzuki's insights into the game and life are timeless."* - **Jack Nicklaus**

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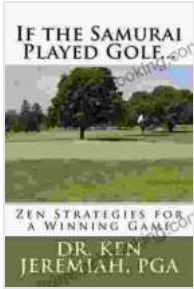
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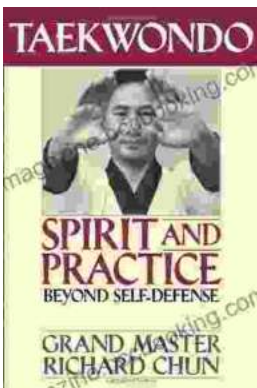
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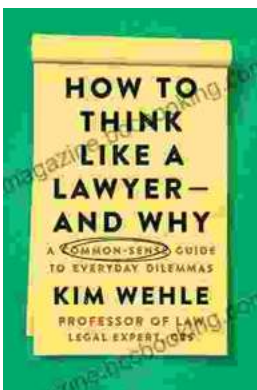


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