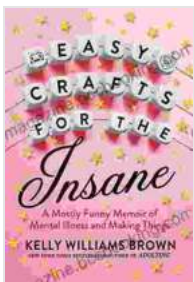


Mostly Funny Memoir Of Mental Illness And Making Things

I've been writing for as long as I can remember. As a kid, I would fill notebooks with stories and poems. In high school, I started writing for the school newspaper. In college, I majored in English and creative writing. After college, I worked as a freelance writer and editor for several years.



Easy Crafts for the Insane: A Mostly Funny Memoir of Mental Illness and Making Things by Kelly Williams Brown

★★★★☆ 4.3 out of 5

Language	: English
File size	: 39670 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 283 pages



But it wasn't until I was diagnosed with bipolar disorder that I started writing about my own experiences with mental illness. I was in my early 30s, and I had just been hospitalized for a manic episode. I was scared and confused, and I didn't know what was going to happen to me.

But I also knew that I needed to write about what I was going through. I needed to make sense of it, and I needed to share my story with others.

So I started writing a memoir. I wrote about my childhood, my diagnosis, my hospitalizations, and my recovery. I wrote about the challenges I have faced, and the lessons I have learned.

The memoir is called "Mostly Funny." It's a funny and heartbreaking book about mental illness and making things. It's a book about the power of art to heal and inspire.

I'm so grateful for the opportunity to share my story with others. I hope that my book will help people to understand mental illness, and to find hope and inspiration in their own lives.

Excerpt from "Mostly Funny"

"I was diagnosed with bipolar disorder when I was in my early 30s. I had just been hospitalized for a manic episode, and I was scared and confused. I didn't know what was going to happen to me."

"But I also knew that I needed to write about what I was going through. I needed to make sense of it, and I needed to share my story with others."

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"The memoir is called 'Mostly Funny.' It's a funny and heartbreaking book about mental illness and making things. It's a book about the power of art to heal and inspire."

Reviews

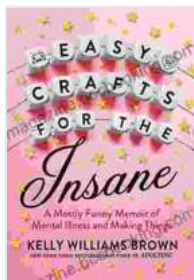
"A must-read for anyone who has ever struggled with mental illness, or for anyone who loves a good laugh." - The New York Times

"A powerful and inspiring memoir that will stay with you long after you finish it." - People Magazine

"A beautifully written and deeply moving book." - The Washington Post

Free Download Your Copy Today!

"Mostly Funny" is available now on Our Book Library, Barnes & Noble, and IndieBound.



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