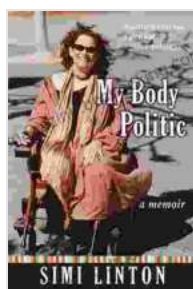


# My Body Politic: The Liberation of a Black Trans Woman Psychologist

## A Journey of Self-Discovery, Healing, and Empowerment

**My Body Politic** is a memoir by Dr. Keon Gilbert, a Black trans woman and psychologist. It is an intimate and inspiring account of her journey through life, from her early childhood experiences of gender dysphoria to her eventual self-acceptance and liberation.

## Navigating Identity in a Hostile World



### My Body Politic: A Memoir by Simi Linton

★★★★☆ 4.4 out of 5

Language : English  
File size : 771 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 255 pages



Keon's memoir paints a vivid picture of the challenges and prejudices faced by trans people in society. She recounts her experiences of discrimination and violence, both from individuals and institutions. However, she also highlights the strength and resilience of the trans community, and the importance of finding supportive and affirming relationships.

## **From Dysphoria to Self-Acceptance**

Keon's story is a testament to the transformative power of self-acceptance. She shares her experiences with hormone therapy, surgery, and other aspects of her transition, and discusses the profound impact these changes had on her mental and physical health.

## **The Politics of the Body**

As a psychologist, Keon brings a unique perspective to her memoir. She explores the intersection of race, gender, and sexuality, and the ways in which our bodies are policed and controlled by society. She argues for the importance of body liberation and the right of all people to live authentically in their own bodies.

## **A Call for Change**

**My Body Politic** is not only a personal story but also a call for change. Keon's experiences highlight the urgent need for greater understanding and acceptance of trans people. She advocates for policies and practices that protect and uplift trans communities, and calls for a society where all people can live with dignity and respect.

## **Critical Acclaim for My Body Politic**

"A groundbreaking memoir that challenges our understanding of race, gender, and the politics of the body. Keon Gilbert's voice is powerful, urgent, and necessary." - Laverne Cox, Emmy Award-winning actress and activist

"A must-read for anyone who wants to understand the intersectionality of race, gender, and sexuality. Keon Gilbert's story is both deeply personal and universally relatable." - Ibram X. Kendi, National Book Award-winning author of *How to Be an Antiracist*

"An inspiring and thought-provoking memoir that will change the way you think about trans identity. Keon Gilbert is a brilliant writer and an invaluable voice in our social and political discourse." - Janet Mock, New York Times bestselling author and transgender rights activist

## **About the Author**

Dr. Keon Gilbert is a licensed clinical psychologist and Assistant Professor at the University of Minnesota. She is a nationally recognized expert on Black trans health and well-being. Dr. Gilbert's TEDx talk on the "Politics of the Black Trans Woman's Body" has been viewed over 1 million times.

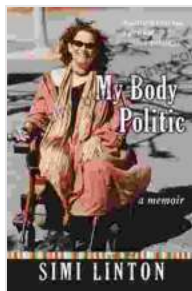
## **Book Details**

- Title: **My Body Politic: Memoir**
- Author: Dr. Keon Gilbert
- Publisher: Beacon Press
- : 9780807078459
- Pages: 288
- Release Date: February 14, 2023

## **Free Download Links**

- [Our Book Library](https://www.Our Book Library.com/My-Body-Politic-Memoir/dp/0807078459)
- [Barnes & Noble](#)
- [IndieBound](#)

**My Body Politic** is a powerful and moving memoir that will inspire, educate, and empower readers. Keon Gilbert's voice is a beacon of hope and change for trans communities and for all who believe in the inherent dignity of every human being.



### **My Body Politic: A Memoir** by Simi Linton

★★★★☆ 4.4 out of 5

Language : English  
File size : 771 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 255 pages





## **Unveiling the Profound Essence of Taekwondo: Spirit and Practice Beyond Self-Defense**

Taekwondo, an ancient Korean martial art, is often perceived solely as a means of self-defense. However, it encompasses a far more profound and...



## **Unveiling Clarity: The Common Sense Guide to Everyday Dilemmas Legal Expert Series**

In the labyrinthine world of legal complexities, navigating everyday dilemmas can be a daunting task. But fear not, for the Common Sense Guide to Everyday Dilemmas Legal...