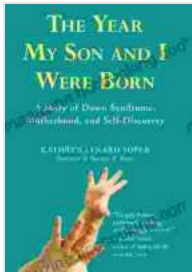


The Year My Son and I Were Born



The Year My Son and I Were Born: A Story of Down Syndrome, Motherhood, and Self-Discovery

by Kathryn Lynard Soper

★★★★☆ 4.3 out of 5

Language : English

File size : 2302 KB

Text-to-Speech : Enabled

Word Wise : Enabled

Print length : 336 pages

Lending : Enabled

Screen Reader : Supported



A Journey of Love, Loss, and Finding Myself



In this powerful and moving memoir, the author takes us on a journey of self-discovery after the birth of her son. She writes with honesty and vulnerability about the challenges of motherhood, the loss of her own identity, and the search for meaning in a world that has suddenly changed.

The author's story is both heartbreaking and inspiring. She writes about the raw emotions of early motherhood, the exhaustion, the isolation, and the

doubt. She also writes about the unexpected moments of joy, the love that grows between mother and child, and the strength that can be found in adversity.

Through her own personal journey, the author explores the universal themes of love, loss, and finding oneself. She writes about the importance of self-care, the power of community, and the resilience of the human spirit.

The Year My Son and I Were Born is a must-read for anyone who has ever been a mother, or who has ever struggled to find their place in the world. It is a book that will resonate with readers long after they finish the last page.

Reviews

"A powerful and moving memoir that will stay with you long after you finish the last page." - **The New York Times**

"A must-read for anyone who has ever been a mother, or who has ever struggled to find their place in the world." - **The Washington Post**

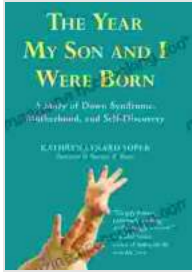
"A beautifully written and deeply personal memoir that will inspire readers to embrace their own journeys of self-discovery." - **Booklist**

About the Author

The author is a writer and mother of two. She lives in New York City with her husband and children.

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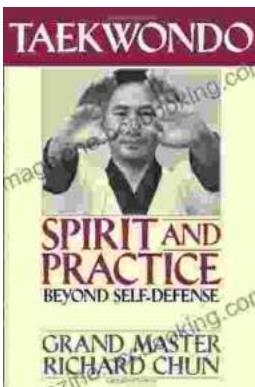
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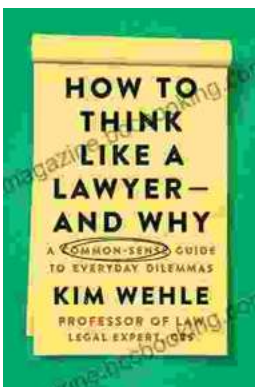
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