

# To Plant a Single Seed: A Journey of Transformation and Empowerment



## To Plant a Single Seed by Kelsey Ketch

★★★★☆ 4.3 out of 5

Language : English  
File size : 295 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 14 pages  
Lending : Enabled



In her groundbreaking book, *To Plant a Single Seed*, Dr. Mae Jemison shares her inspiring journey of overcoming obstacles and achieving her dreams. As the first African American woman astronaut, Jemison's story is a testament to the power of determination, resilience, and possibility.

*To Plant a Single Seed* is more than just a memoir. It is a call to action for readers to plant seeds of hope, possibility, and empowerment within themselves and others. Jemison believes that everyone has the potential to make a difference in the world, and she provides the tools and inspiration to help readers do just that.

The book is divided into three parts. In Part One, Jemison tells her own personal story, from her early years in Chicago to her groundbreaking career as an astronaut. In Part Two, she shares the stories of other

individuals who have planted seeds of hope and empowerment in the world. And in Part Three, Jemison provides practical tools and exercises to help readers plant their own seeds of transformation.

To Plant a Single Seed is a powerful and inspiring book that will leave readers motivated and empowered to make a difference in the world. Jemison's message is clear: we all have the potential to plant seeds of hope, possibility, and empowerment. And when we do, we can create a better future for ourselves and for the world.

### **About the Author**

Dr. Mae Jemison is an American engineer, physician, and former NASA astronaut. She is the first African American woman to travel into space, and she served as a mission specialist on the Space Shuttle Endeavour in 1992.

Jemison is also a passionate advocate for science education and diversity in STEM fields. She is the founder of the Jemison Group, a company that provides educational programs and resources to underrepresented students. She is also the author of several books, including To Plant a Single Seed.

### **Reviews**

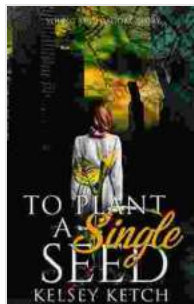
"To Plant a Single Seed is a powerful and inspiring book that will leave readers motivated and empowered to make a difference in the world." -

#### **The New York Times**

"Jemison's message is clear: we all have the potential to plant seeds of hope, possibility, and empowerment. And when we do, we can create a

better future for ourselves and for the world." - **The Washington Post**

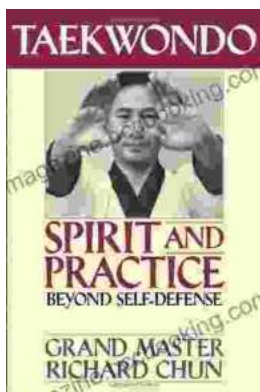
"To Plant a Single Seed is a must-read for anyone who wants to make a difference in the world." - **The Huffington Post**



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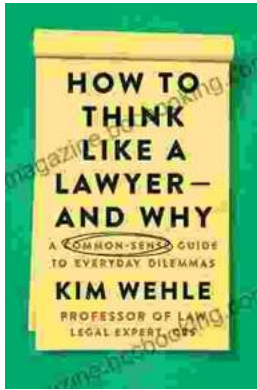
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