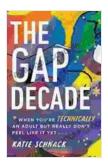
When You're Technically an Adult But Really Don't Feel Like It Yet: A Realist's Guide to Surviving Your Twenties

If you're in your twenties and feeling lost, alone, and like you're the only one who hasn't got it all figured out, this book is for you.



The Gap Decade: When You're Technically an Adult but Really Don't Feel Like It Yet by Katie Schnack

★ ★ ★ ★ ★ 4.8 out of 5 Language : English File size : 4619 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled X-Ray : Enabled Word Wise : Enabled Print length : 202 pages



When You're Technically an Adult But Really Don't Feel Like It Yet is a relatable, honest, and funny guide to surviving your twenties. Author and journalist Kate Leaver explores the challenges and anxieties of young adulthood, from finding your place in the world to dealing with imposter syndrome and the pressure to succeed.

Leaver offers practical advice and reassurance, reminding readers that they're not alone and that it's okay to not have it all figured out. She covers topics such as:

- The challenges of finding your place in the world
- Dealing with imposter syndrome and the pressure to succeed
- Navigating relationships and friendships
- Taking care of your mental health
- Building a fulfilling career

Whether you're just starting out in your twenties or you're feeling like you're in a bit of a rut, *When You're Technically an Adult But Really Don't Feel Like It Yet* is the perfect book to help you navigate this challenging time.

What readers are saying:

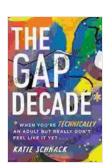
"This book is a must-read for anyone in their twenties. It's honest, relatable, and full of practical advice. I wish I had read it when I was first starting out."

- Our Book Library reviewer

"I'm so glad I found this book. It's helped me feel less alone and like I'm not the only one who's struggling. Thank you, Kate!" - Goodreads reviewer

Free Download your copy today!

When You're Technically an Adult But Really Don't Feel Like It Yet is available now on Our Book Library, Barnes & Noble, and IndieBound.

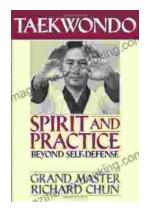


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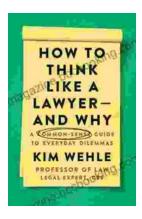
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